

Curriculum Vitae

Eleonora Poggiogalle, MD, PhD, Doctor Europaeus Registered Journalist



Business Address Sapienza University
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Nationality Italian
Date of birth 11.25.1984
Gender Female

Professional experience

12/2018- present Post-doctoral researcher, Department of Experimental Medicine, Food Science and Human Nutrition Research Unit, Sapienza University, Rome. Italy

03-04/2019 Lecturer, Université Paris Descartes, Paris (France): Ufr des Sciences et Techniques des Activités Physiques et Sp: Troubles du comportement alimentaire

03/2018-12/2018 Visiting researcher (MD, PhD Fellow), Centre de Recherche en Nutrition Humaine, UCA, Clermont Ferrand, France

11/2015-11/2016 Visiting researcher (MD, PhD Fellow), Pennington Biomedical Research Center, Baton Rouge, LA, USA

06/30/2011 - 06/30/2016 Resident doctor - Endocrinology Day Hospital Service (Nutritional Evaluation Laboratory) - High Specialization Center for Obesity Care (CASCO)- Policlinico "Umberto I" Hospital, "Sapienza" University, Rome (Italy)- EASO COMs Network

06/30/2011 - 06/30/2012 Resident doctor - Geriatrics Unit - Rehabilitation Clinical Institute " Villa delle Querce", Rome (Italy)

03/01/2010 - 06/01/2011 Staff physician - Pediatric Clinic - "SS. Annunziata" Hospital- University of Chieti (Italy)

07/28/2009 - 02/28/2010 Staff physician - Department of Pediatrics- Pediatric Hepatology and Infectivology Service- Policlinico "Umberto I" Hospital - "Sapienza" University, Rome (Italy)

07/2006 - 07/2009 Medical student - Department of Pediatrics- Pediatric Hepatology and Infectivology Service- Policlinico "Umberto I" Hospital - "Sapienza" University, Rome (Italy)

Education and training

12/12/2018	Ph.D. in Endocrinology and Metabolic Sciences, "Sapienza" University, Rome (Italy): (<i>ottimo cum laude</i> , =full marks and honors, with additional title as Doctor Europaeus (Ph.D. Thesis titled: "Translational insights into the phenotype of sarcopenic obesity", Supervisors Prof. Yves Boirie, France, and Prof. Lorenzo Maria Donini, Italy)
03/26/2018-12/27/2018	Visiting researcher- Human Nutrition Laboratory- INRA- UCA- Clermont Ferrand (France)
06/2018	ESPEN Course in Tracer Methodology and Metabolism – Maastricht (The Netherlands)
07/2017	Training the Trainer EASO Summer School on Obesity Management, Annecy (France)
11/27/2015 – 12/12/2018	Ph.D. Fellow in Endocrinology and Metabolic Sciences, "Sapienza" University, Rome (Italy)
11/01/2015 - 11/01/2016	Visiting research scholar - Pennington Biomedical Research Center, Baton Rouge - LA (USA)
06/30/2011 - 06/30/2016	Residency program (70/70 <i>cum Laude</i> = full marks and honors) - Medical Specialization School in Food Science and Clinical Nutrition, "Sapienza" University, Rome (Italy)
08/2015	Higher Education Course "PIA.DAO Project: Expert in the treatment of Eating Disorders" sponsored by the Italian Society for the Study of Eating Disorders-SISDCA- Bologna (Italy)
09/2014	Lifelong Learning Program (LLL): "Nutritional Support in Renal Diseases", The European Society for Clinical Nutrition and Metabolism- ESPEN 2014, Geneva, Switzerland
02/2014	Basic Life Support (BLS) Certificate, American Heart Association, Rome (Italy)
09/2013	Lifelong Learning Program (LLL): "Nutritional Support in Gastro-Intestinal Diseases", The European Society for Clinical Nutrition and Metabolism- ESPEN 2013, Leitzpig, Germany
05/2012	Higher Education Course "Multidisciplinary approach in the treatment of Eating Disorders" sponsored by the Italian Society for the Study of Eating Disorders-SISDCA- Pisa (Italy)
04/2012	Higher Education Course "Therapeutic Education in Obesity" sponsored by the Italian Society for the Study of Eating Disorder-SISDCA, "Sapienza" University, Rome (Italy)
07/27/2009	M.D. degree (110/110 <i>cum Laude</i> = full marks and honors) - School of Medicine- "Sapienza" University, Rome (Italy)
07/23/2003	High School Diploma (100/100 <i>cum Laude</i> = full marks and honors) - Liceo Scientifico "Marco Vitruvio Pollione"- Avezzano - AQ (Italy)
03/2010 - present	Medical License Certification- College of Italian Physicians and Surgeons in L'Aquila, Italy (Active Member Registration # 3473)

Personal skills and competences

Native language **Italian**

Other languages

Self-assessment

European level (*)

English

French

Spanish

Understanding				Speaking				Writing	
Listening		Reading		Spoken interaction		Spoken production			
C2	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user
C2	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user
C2	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user

(*) Common European Framework of Reference for Languages

Additional information

11/18/2009- present	Registered Journalist- Italian Journalist Association
2006-2009	Editorial assistant- "Antonio Del Donno Art Gallery", Rome (Italy)
08/2006	Employee for the "Euro Master Studio" Company- support in remote operations for foreign language education summer programs abroad, Rome (Italy)
2010-2014	Locum General Practitioner Rome (Italy)

**Oral presentations
International Conferences**

- 09/2013 International Conference on the Bioscience of Lipids- ICBL, Bari (Italy). "Functional and morphological vascular changes in subjects with Familial Combined Hypolipidemia: an exploratory analysis"
- 06/2015 International Academy Nutrition and Aging- IANA, Barcelona (Spain). "Fatty liver infiltration associates with relative sarcopenia, insulin sensitivity and growth hormone/ insulin-like growth factor 1 axis in obese subjects"
- 06/2016 European Obesity Summit- European Association for the Study of Obesity, Goteborg (Sweden). "Ectopic fat and the phenotype of sarcopenic obesity in metabolically healthy and metabolically abnormal middle-aged women"
- 04/2017 International Conference on Frailty and Sarcopenia Research, Barcelona (Spain): "Body composition, IGF 1 status, physical functionality and metabolic syndrome in nonagenarians from the Louisiana Healthy Aging Study: Implications for Osteosarcopenia"
- 05/2017 European Congress on Obesity, Joint Session with ESPEN, Oporto (Portugal): "Sarcopenic Obesity- Inflammation: a common ground?"
- 09/2017 ESPEN congress, The Hague (The Netherlands) "The onset of dynapenia may precede sarcopenia due to metabolic derangements in adult women with obesity"
- 10/2017 EASO COM Summit, Tonsberg (Norway): "Gallstone disease, NAFLD and bariatric surgery"
- 03/2018 International Conference on Frailty and Sarcopenia Research, Miami, FL (USA) "High endogenous BCAA levels are associated with muscle strength and signatures of myosteatosis: friends or foes?"
- 07/2018 The Rank Prize Funds: Mini-Symposium on Malnutrition Through the Life Course, Windermere, Lake District, UK 2018 "The phenotype of sarcopenic obesity"
- 09/2018 European Society for Enteral & Parenteral Nutrition and Metabolism (ESPEN), Madrid (Spain) "Circulating branched-chain amino acids, lipid oxidation and ectopic fat in adults with obesity"
- 09/2018 Nursing Home Research International Working Group, Rome (Italy) "Sarcopenic obesity: nutritional, functional and metabolic characteristics"
- 04/2019 European Congress on Obesity, Glasgow (UK) "Association of circulating branched-chain amino acids (BCAAs) with fuel selection and visceral adipose tissue in adults with obesity"
- 03/2020 International Conference on Frailty and Sarcopenia Research, Toulouse (France) "Impact of protein intake and high-fat diet on body composition and muscle lipid infiltration in relation to aging in rats: insights into sarcopenic obesity"

Honors / Award

- 2020 Travel Grant - European Obesity Summit- European Association for the Study of Obesity (EASO), Dublin (Ireland)
- 2018 Doctor Europaeus" mention in addition to the Ph.D. degree
- 2018 Outstanding Reviewer for the peer-reviewed Journal "Metabolism"
- 2018 Travel Grant- European Society for Enteral & Parenteral Nutrition and Metabolism (ESPEN), Madrid (Spain)
- 2018 International Prize (Rome- San Francisco) awarded by the Italian Pasta Museum & Academy- University section, Rome (Italy)
- 2018 Travel Grant - European Obesity Summit- European Association for the Study of Obesity (EASO), Wien
- 2017 High Scoring Abstract Presenter, ESPEN congress, The Hague (The Netherlands)
- 2017 Outstanding Reviewer for the peer-reviewed Journal "Nutrition"

2016 New Investigator Clinical Research Award - European Obesity Summit- European Association for the Study of Obesity (EASO), Goteborg (Sweden)

2015 Travel Grant 2015- European Association for the Study of Obesity (EASO), Prague (Czech Republic)

Research projects

2011 *Participation as co-investigator during the Residency Program and during the PhD Course*

2011-2013 Functional and morphological vascular changes in subjects with familial combined hypolipidemia type 2 (Italy)

2011-2013 The Provide Study: The effect of nutritional supplementation on physical performance in elderly, a multicentric study (international *multicentric study*)

2014 National Research project PRIN 2009KENS9K- Sarcopenic obesity: effectiveness of a nutritional and functional rehabilitation program (Italy)

2012-2015 Postprandial lipoprotein metabolism in subjects with Familial Combined Hypobetalipoproteinemia type 2 (Italy)

2013- 2016 PIA.DAO Project: Development of a didactical manual for eating disorders and obesity- Italian Society for the Study of Eating Disorders SISDCA (Italy)

2014 – 2016 Effects of a nutritional intervention based on Mediterranean diet combined with physical activity on NAFLD, intramuscular fat and cardio-respiratory fitness in subjects with metabolic syndrome: a pilot study (Italy)

2015 - present Individual determinants of dietary intake in community-dwelling older adults- a DEDIPAC study(international multicentric study)

2015- present Body composition, adiposity phenotype and metabolic flexibility in PNPLA3 and TM6SF2 gene variant carriers and non- carriers with nonalcoholic fatty liver disease (Italy)

2016 Determinants of Longevity: the Louisiana Healthy Aging Study (USA)

2017-present Biophytis Study-SARA-OBS Sarcopenic Obesity in the elderly (international multicentric study)

2018 Effects of high-fat high-protein diet on body composition and energy expenditure in adult and old rats during overfeeding (France)

Participation as Study coordinator in international multicentric studies

2011-2013 The Provide Study: The effect of nutritional supplementation on physical performance in elderly, a multicentric study

2017-present Biophytis Study-SARA-OBS Sarcopenic Obesity in the elderly

Participation as Principal Investigator

2017-present Applicability of bioimpedance analysis in patients undergoing cardiac surgery with extracorporeal circulation (Italy)

Teaching experience

2017-present Teaching assistant: School of Medicine, Residency Program in Food Science and Clinical Nutrition, and Dietitian Degree Course, "Sapienza" University, Rome (Italy)

2019 Lecturer, School of Medicine, Université Paris Descartes, Paris, France

Mentoring

2015 - present 4 medical students, 4 undergraduate students, 2 resident doctors, 2 dieticians.

Service

Ad hoc reviewer for the Journals: Gut, Metabolism, Nutrition, Obesity, PLOS One, International Journal of Obesity, Eating and Weight Disorders, Nutrition Metabolism and Cardiovascular Diseases, Journal of the American College of Nutrition, Frontiers in Human Nutrition, Endocrine, Journal of Applied Nutrition, Journal of Mineral Bone Research, Clinical Nutrition, Frontiers in Physiology, Liver International.

Publications

Peer-reviewed Journal Articles

1. Pacifico L, Anania C, **Poggiogalle E**, Osborn JF, Prossomariti G, Martino F, Chiesa C. Relationships of acylated and des-acyl ghrelin levels to bone mineralization in obese children and adolescents. *Bone* 2009;45:274–279. IF. 4.140
2. Pacifico L, **Poggiogalle E**, Costantino F, Anania C, Ferraro F, Chiarelli F, Chiesa C. Acylated and nonacylated ghrelin levels and their associations with insulin resistance in obese and normal weight children with metabolic syndrome. *Eur J Endocrinol* 2009;161: 861–870. IF 4.101
3. Pacifico L, **Poggiogalle E**, Cantisani V, Menichini G, Ricci P, Ferraro F, Chiesa C. Pediatric nonalcoholic fatty liver disease: A clinical and laboratory challenge. *World J Hepatol.* 2010;2:275-88.
4. Pacifico L, Carducci C, **Poggiogalle E**, Caravona F, Antonozzi I, Chiesa C, Maggiore G. Mutational analysis of ABCG2 gene in two siblings with neonatal-onset Dubin Johnson syndrome. *Clin Genet.* 2010;78:598-600. IF 3.326
5. **Poggiogalle E**, Olivero G, Anania C, Ferraro F, Pacifico L. Pediatric non-alcoholic fatty liver disease: recent advances and challenges. *Minerva Pediatr.* 2010;62:569-84.
6. Chiesa C, Pacifico L, Anania C, **Poggiogalle E**, Chiarelli F, Osborn JF. Helicobacter pylori therapy in children: overview and challenges. *Int J Immunopathol Pharmacol.* 2010;23:405-16. IF 3.679
7. Pacifico L, **Poggiogalle E**, Cantisani V, Chiesa C. Association between serum uric acid levels and atherosclerosis in childhood. www.athero.org/commentaries May 2009 .
8. Pacifico L, Anania C, Martino F, **Poggiogalle E**, Chiarelli F, Arca M, Chiesa C. Management of metabolic syndrome in children and adolescents. *Nutr Metab Cardiovasc Dis* 2011;21:455-66. IF 3.679
9. Donini LM, Neri B, De Chiara S, **Poggiogalle E**, Muscaritoli M. Nutritional care in a nursing home in Italy. *PloS One* 2013;8:e55804.
10. Donini LM, **Poggiogalle E**, Morrone A, Scardella P, Piombo L, Neri B, Cava E, Cucinotta D, Barbagallo M, Pinto A. Agreement between different versions of MNA. *J Nutr Health Aging* 2013;17;332-8. IF: 2.77
11. Donini LM, **Poggiogalle E**, Piredda M, Pinto A, Barbagallo M, Cucinotta D, Sergi G. Anorexia and eating patterns in the elderly. *PloS One* 2013;8:e63539.
12. Donini LM, **Poggiogalle E**, Del Balzo V, Lubrano C, Faliva M, Opizzi A, Perna S, Pinto A, Rondanelli M. How to estimate fat mass in overweight and obese subjects. *Int J Endocrinol* 2013; 2013: 285680.
13. Minicocci I, Cantisani V, **Poggiogalle E**, Favari E, Zimetti F, Montali A, Labbadia G, Pigna G, Pannozzo F, Zannella A, Ceci F, Ciociola E, Santini S, Maranghi M, Vestri A, Ricci P, Bernini F, Arca M. Functional and morphological vascular changes in subjects with familial combined hypolipidemia: an exploratory analysis. *Int J Cardiol.* 2013;168:4375-8.
14. Donini LM, **Poggiogalle E**, Mosca V, Pinto A, Brunani A, Capodaglio P. Disability affects the 6-minute walking distance in obese subjects (BMI>40 kg/m(2)). *PLoS One.* 2013;8:e75491. IF: 3.54
15. Brytek-Matera A, Krupa M, **Poggiogalle E**, Donini LM. Adaptation of the ORTHO-15 test to Polish women and men. *Eat Weight Disord.* 2014;19:69-76.
16. **Poggiogalle E**, Di Lazzaro L, Pinto A, Migliaccio S, Lenzi A, Donini LM. Health-related quality of life and quality of sexual life in obese subjects. *Int J Endocrinol.* 2014;2014:847871.
17. **Poggiogalle E**, Migliaccio S, Lenzi A, Donini LM. Treatment of body composition changes in obese and overweight older adults: insight into the phenotype of sarcopenic obesity. *Endocrine.* 2014;47:699-716.
18. Wannenes F, Papa V, Greco EA, Fornari R, Marocco C, Baldari C, Di Luigi L, Emerenziani GP, **Poggiogalle E**, Guidetti L, Donini LM, Lenzi A, Migliaccio S. Abdominal Fat and Sarcopenia in Women Significantly Alter Osteoblasts Homeostasis In Vitro by a WNT/ β -Catenin Dependent Mechanism. *Int J Endocrinol.* 2014;2014:278316. IF 2.510

19. del Balzo V, Vitiello V, Germani A, Donini LM, **Poggiogalle E**, Pinto A. A cross-sectional survey on dietary supplements consumption among Italian teen-agers. *PLoS One*. 2014;9:e100508.
20. Brytek-Matera A, Donini LM, Krupa M, **Poggiogalle E**, Hay P. Orthorexia nervosa and self-attitudinal aspects of body image in female and male university students. *J Eat Disord*. 2015;3:2.
21. Bauer JM, Verlaan S, Bautmans I, Brandt K, Donini LM, Maggio M, McMurdo ME, Mets T, Seal C, Wijers SL, Ceda GP, De Vito G, Donders G, Drey M, Greig C, Holmbäck U, Narici M, McPhee J, **Poggiogalle E**, Power D, Scafoglieri A, Schultz R, Sieber CC, Cederholm T. Effects of a vitamin D and leucine-enriched whey protein nutritional supplement on measures of sarcopenia in older adults, the PROVIDE study: a randomized, double-blind, placebo-controlled trial. *J Am Med Dir Assoc*. 2015;16:740-7.
22. Mariani S, Fiore D, Persichetti A, Basciani S, Lubrano C, **Poggiogalle E**, Genco A, Donini LM, Gnessi L. Circulating SIRT1 Increases After Intra-gastric Balloon Fat Loss in Obese Patients. *Obes Surg*. 2016;6:1215-20.
23. Minicocci I, Tikka A, **Poggiogalle E**, Metso J, Montali A, Ceci F, Labbadia G, Fontana M, Di Costanzo A, Maranghi M, Rosano A, Ehnholm C, Donini LM, Jauhainen M, Arca M. Effects of angiotensin-like protein 3 deficiency on postprandial lipid and lipoprotein metabolism. *J Lipid Res*. 2016;57:1097-107.
24. Donini LM, **Poggiogalle E**, Mosca V, Pinto A, Migliaccio S, Brunani A, Capodaglio P. Critical review of the equations predicting 6-minute walking distance in obese subjects. *Monaldi Arch Chest Dis*. 2016;81:745.
25. Mariani S, Costantini D, Lubrano C, Basciani S, Caldaroni C, Barbaro G, **Poggiogalle E**, Donini LM, Lenzi A, Gnessi L. Circulating SIRT1 inversely correlates with epicardial fat thickness in patients with obesity. *Nutr Metab Cardiovasc Dis*. 2016;26:1033-38.
26. **Poggiogalle E**, Lubrano C, Gnessi L, Marocco C, Di Lazzaro L, Polidoro G, Luisi F, Merola G, Mariani S, Migliaccio S, Lenzi A, Donini LM. Reduced sleep duration affects body composition, dietary intake and quality of life in obese subjects. *Eat Weight Disord*. 2016 ;21:501-5. 1.784
27. **Poggiogalle E**, Lubrano C, Gnessi L, Mariani S, Lenzi A, Donini LM. Fatty liver index associates with relative sarcopenia and GH/ IGF-1 status in obese subjects. *PLoS One* 2016;11:e0145811. IF:3.54
28. **Poggiogalle E**, Lubrano C, Sergi G, Coin A, Gnessi L, Mariani S, Lenzi A, Donini LM. Sarcopenic obesity and metabolic syndrome in adult Caucasian subjects. *J Nutr Health Aging* 2016;20:958-963. IF:2.77
29. Donini LM, **Poggiogalle E**, Molfino A, Rosano A, Lenzi A, Rossi Fanelli F, Muscaritoli M. Mini-Nutritional Assessment, Malnutrition Universal Screening Tool, and Nutrition Risk Screening Tool for the Nutritional Evaluation of Older Nursing Home Residents. *J Am Med Dir Assoc*. 2016;17:959.e11-8. IF 5.775
30. Donini LM, Merola G, **Poggiogalle E**, Lubrano C, Gnessi L, Mariani S, Migliaccio S, Lenzi A. Disability, Physical Inactivity, and Impaired Health-Related Quality of Life Are Not Different in Metabolically Healthy vs. Unhealthy Obese Subjects. *Nutrients*. 2016;8:pii: E759. IF:3.550
31. Bimonte VM, Fittipaldi S, Marocco C, Emerenziani GP, Fornari R, Guidetti L, **Poggiogalle E**, Nicolai E, Di Luigi L, Donini LM, Baldari C, Lenzi A, Greco EA, Migliaccio S. Physical activity and hypocaloric diet recovers osteoblasts homeostasis in women affected by abdominal obesity. *Endocrine*. 2016 Dec 16. [Epub ahead of print]. 3.131
32. **Poggiogalle E**, Donini LM, Lenzi A, Chiesa C, Pacifico L. Non-alcoholic fatty liver disease connections with fat-free tissues: A focus on bone and skeletal muscle. *World J Gastroenterol*. 2017;23:1747-1757. IF 3.365
33. Donini LM, Rosano A, Di Lazzaro L, **Poggiogalle E**, Lubrano C, Migliaccio S, Carbonelli M, Pinto A, Lenzi A. Validation of the Italian version of the Laval questionnaire: health-related quality of life in subjects with obesity. *Health Qual Life Outcomes*. 2017;15:101.
34. Sammarco R, Marra M, Di Guglielmo ML, Naccarato M, Contaldo F, **Poggiogalle E**, Donini LM, Pasanisi F. Evaluation of Hypocaloric Diet With Protein Supplementation in Middle-Aged Sarcopenic Obese Women: A Pilot Study. *Obes Facts*. 2017;10:160-167 IF 2.25.
35. Brytek-Matera A, Fonte ML, **Poggiogalle E**, Donini LM, Cena H. Orthorexia nervosa: relationship with obsessive-compulsive symptoms, disordered eating patterns and body uneasiness among Italian university students. *Eat Weight Disord*. 2017 Dec;22(4):609-617. IF 1.784
36. **Poggiogalle E**, Donini LM, Chiesa C, Pacifico L, Lenzi A, Perna S, Faliva M, Naso M, Rondanelli M. Does endogenous GLP-1 affect resting energy expenditure and fuel

- selection in overweight and obese adults? *J Endocrinol Invest.* 2017 Oct 3. Doi: 10.1007/s40618-017-0764-1. [Epub ahead of print] IF:2.633
37. **Poggiogalle E**, Jamshed H, Peterson CM. Circadian regulation of glucose, lipid, and energy metabolism in humans. *Metabolism.* 2018 Jan 8. Pii: S0026-0495(17)30329-3. IF: 5.777
 38. Manzoni GM, Rossi A, Pietrabissa G, Varallo G, Molinari E, **Poggiogalle E**, Donini LM, Tarrini G, Melchionda N, Piccione C, Gravina G, Luxardi G, Manzato E, Schumann R, Innamorati M, Imperatori C, Fabbriatore M, Castelnuovo G. Validation of the Italian Yale Food Addiction Scale in postgraduate university students. *Eat Weight Disord.* 2018 Apr;23(2):167-176.
 39. Kiesswetter E, **Poggiogalle E**, Migliaccio S, Donini LM, Sulmont-Rossé C, Feart C, Suwalska A, Wieczorowska-Tobis K, Palys W, Łojko D, Saba A, Sinesio F, Polito A, Moneta E, Ciarapica D, Brug J, Volkert D. Functional determinants of dietary intake in community-dwelling older adults: a DEDIPAC (Determinants of Diet and Physical Activity) systematic literature review. *Public Health Nutr.* 2018 Jul;21(10):1886-1903.
 40. **Poggiogalle E**, Cherry KE, Su JL, Myers LE, Sangkyu K, Welsh DA, Jazwinski SM, Ravussin E. Body composition, IGF 1 status and physical functionality in nonagenarians: implications for osteosarcopenia. *Journal of the American Medical Association* 2018
 41. Watanabe M, Masieri S, Costantini D, Tozzi R, De Giorgi F, Gangitano E, Tuccinardi D, **Poggiogalle E**, Mariani S, Basciani S, Petrangeli E, Gnessi L, Lubrano C. Overweight and obese patients with nickel allergy have a worse metabolic profile compared to weight matched non-allergic individuals. *PLoS One.* 2018 Aug 28;13(8):e0202683.
 42. Mariani S, di Giorgio MR, Martini P, Persichetti A, Barbaro G, Basciani S, Contini S, **Poggiogalle E**, Sarnicola A, Genco A, Lubrano C, Rosano A, Donini LM, Lenzi A, Gnessi L. Inverse Association of Circulating SIRT1 and Adiposity: A Study on Underweight, Normal Weight, and Obese Patients. *Front Endocrinol (Lausanne).* 2018 Aug 7;9:449.
 43. Perna S, Rondanelli M, Spadaccini D, Lenzi A, Donini LM, **Poggiogalle E**. Are the therapeutic strategies in anorexia of ageing effective on nutritional status? A systematic review with meta-analysis. *J Hum Nutr Diet.* 2018 Aug 29. doi: 10.1111/jhn.12594. [Epub ahead of print]
 44. **Poggiogalle E**, Lubrano C, Gnessi L, Mariani S, Di Martino M, Catalano C, Lenzi A, Donini LM. The decline in muscle strength and muscle quality in relation to metabolic derangements in adult women with obesity. *Clin Nutr.* 2019. pii: S0261-5614(19)30062-7.
 45. Tikkanen E, Minicocci I, Hällfors J, Di Costanzo A, D'Erasmus L, **Poggiogalle E**, Donini LM, Würtz P, Jauhiainen M, Olkkonen VM, Arca M. Metabolomic Signature of Angiopoietin-Like Protein 3 Deficiency in Fasting and Postprandial State. *Arterioscler Thromb Vasc Biol.* 2019;39:665-674.
 46. Mulasso A, Brustio PR, Rainoldi A, Zia G, Feletti L, N'dja A, Del Signore S, **Poggiogalle E**, Luisi F, Donini LM. A comparison between an ICT tool and a traditional physical measure for frailty evaluation in older adults. *BMC Geriatr.* 2019;19:88.
 47. Caprio M, Infante M, Moriconi E, Armani A, Fabbri A, Mantovani G, Mariani S, Lubrano C, **Poggiogalle E**, Migliaccio S, Donini LM, Basciani S, Cignarelli A, Conte E, Ceccarini G, Bogazzi F, Cimino L, Condorelli RA, La Vignera S, Calogero AE, Gambineri A, Vignozzi L, Prodam F, Aimaretti G, Linsalata G, Buralli S, Monzani F, Aversa A, Vettor R, Santini F, Vitti P, Gnessi L, Pagotto U, Giorgino F, Colao A, Lenzi A; Cardiovascular Endocrinology Club of the Italian Society of Endocrinology. Very-low-calorie ketogenic diet (VLCKD) in the management of metabolic diseases: systematic review and consensus statement from the Italian Society of Endocrinology (SIE). *J Endocrinol Invest.* 2019 May 20. [Epub ahead of print]
 48. **Poggiogalle E**, Fontana M, Giusti AM, Pinto A, Iannucci G, Lenzi A, Donini LM. Amino Acids and Hypertension in Adults. *Nutrients.* 2019 Jun 27;11. pii: E1459.
 49. Ravussin E, Beyl RA, **Poggiogalle E**, Hsia DS, Peterson CM. Early Time-Restricted Feeding Reduces Appetite and Increases Fat Oxidation But Does Not Affect Energy Expenditure in Humans. *Obesity (Silver Spring).* 2019;27:1244-1254.

50. Donini LM, Busetto L, Bauer JM, et al. Critical appraisal of definitions and diagnostic criteria for sarcopenic obesity based on a systematic review. *Clin Nutr.* 2019;S0261-5614(19)33151-6.
51. **Poggiogalle E**, Mendes I, Ong B, Prado CM, Mocciaro G, Mazidi M, Lubrano C, Lenzi A, Donini LM, Siervo M. Sarcopenic obesity and insulin resistance: application of novel body composition models. *Nutrition* 2020 PII S0899-9007(20)30048-4.

Books

- Donini LM, Czernwinski SA, Choh AC, Poggiogalle E, Migliaccio S, Lenzi A: Sarcopenic obesity. In "Multidisciplinary approach to obesity". Lenzi A, Migliaccio S, Donini LM Eds – Springer, 2015 - cap 9 – 89-98 – ISBN 978-3-319-09044-3 (DOI: 10.1007/978-3-319-09045-0).
- Donini LM, Poggiogalle E, Pinto A, Giusti AM, del Blazo V: Malnutrition in the elderly. In "Diet and Nutrition in Dementia and Cognitive Decline". Martin CR & Preedy VR Eds. Elsevier Academic Press, 2015, Ch 20 – page 211-222 (ISBN 978-0-12-407824-6).
- Food Addiction- Mucchi Editore, Italy 2014- ISBN 978-88-7000-627-8.

H-index (Scopus search, 08.03.2020)= 17

Number of publications: 55

Number of citations: 1001

Rome, 08.03.2020

Dr. Eleonora Poggiogalle

